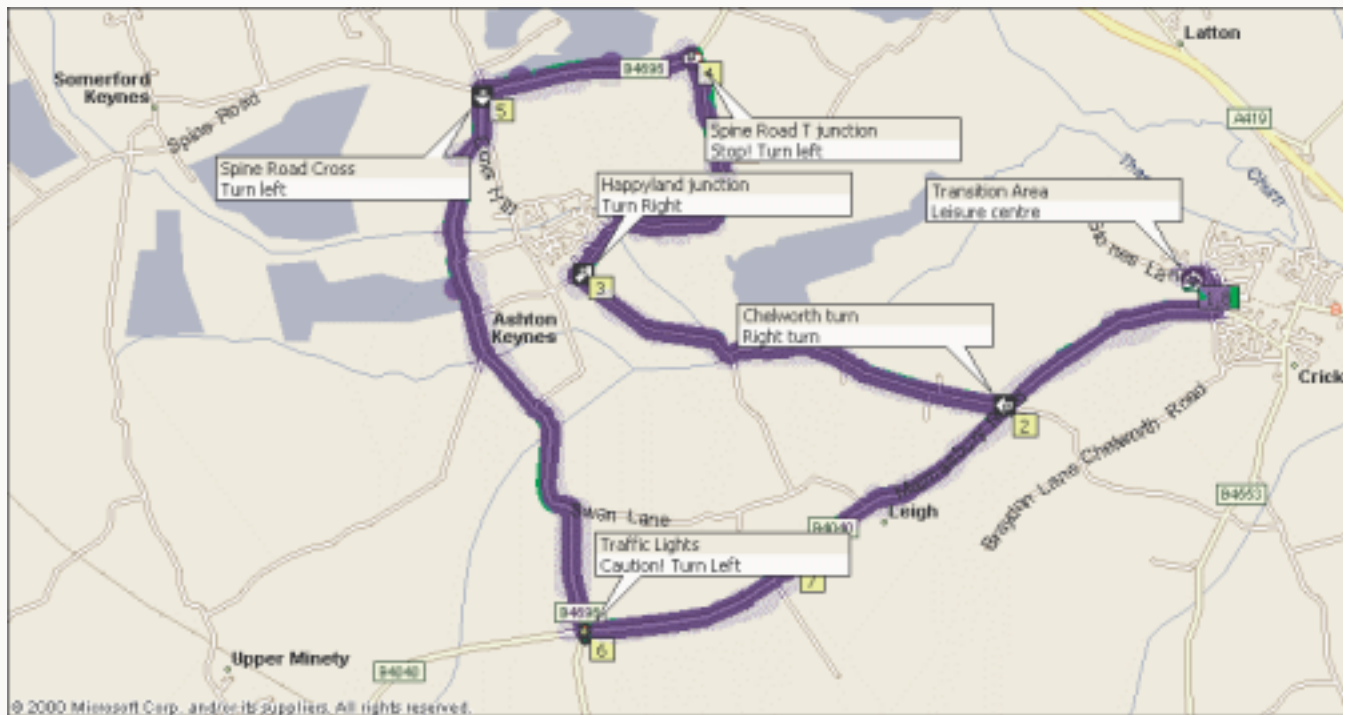


Sprint cycle route

From: Transition Area **To:** Ashton Keynes **Back to:** Transition Area, Cricklade LC

Total Distance: 18.8 kilometres, 11.7 miles.



Distance Km	Distance miles	Directions
0.0	0.0	Exit the transition area behind the Leisure Centre turning left onto Stones Lane for 200m
0.2	0.1	Turn LEFT still on Stones Lane for 40 m
0.2	0.1	Turn RIGHT onto West Mill Lane for 120m. CAUTION IS REQUIRED AT THE TURN!
0.3	0.2	At the roundabout, turn right (SECOND exit) onto the B4040
0.4	0.2	Continue on B4040 exiting Cricklade and climbing Common Hill for 1.6 km
2.0	1.3	Turn RIGHT at Chelworth crossroads and continue towards Ashton Keynes for 3.9 km CAUTION AT THE TURN!
5.4	3.3	Turn RIGHT at Happy Land sign on entering Ashton Keynes and continue for 1.5 km
6.9	4.3	Continue, bearing left onto Fridays Ham Lane for 0.8 km
7.7	4.8	You must STOP At Spine Road T junction , then turn LEFT onto the Spine Road for 1.5 km CAUTION! THE SPINE ROAD IS A BUSY ROAD.
9.2	5.7	Turn Left at Spine Road Cross onto B4696 and continue for 3.2 km. CAUTION IS REQUIRED AT THE TURN!
13.4	8.3	At the Traffic Lights, turn LEFT onto B4040 towards Cricklade for 1.6 km. CAUTION IS REQUIRED AT THE LIGHTS!
14.9	9.3	Pass through Leigh with the Foresters pub on your right, staying on B4040 for a further 3.5 km into Cricklade
18.5	11.5	At the roundabout, turn left (FIRST exit) onto West Mill Lane for 120m
18.6	11.6	Turn LEFT onto Stones Lane for 40 m
18.7	11.6	Turn RIGHT still on Stones Lane for 200 m
18.8	11.7	Turn Left into the transition area behind the Leisure Centre